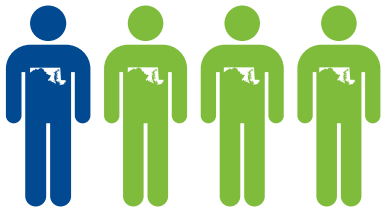
MARYLAND

Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 31.3% of Marylanders.



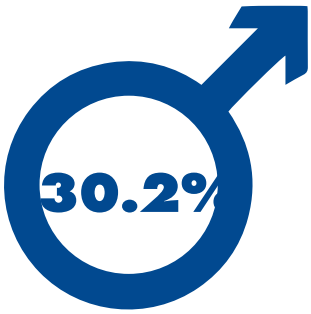
Maryland is ranked 26/51 in states impacted by obesity.

Marylanders Affected by Obesity by Race

28.1% Caucasians

39.1% African Americans

27.6% Hispanics



More than 30.2% of male Marylanders are affected by obesity.

More than 32.3% of female Marylanders are affected by obesity.

The age group most affected by obesity in Maryland is 45-64 (36.1%).

29th

Maryland ranks 29th in adults with Type 2 Diabetes (10.4%).

CHILDREN AFFECTED BY OBESITY IN MARYLAND:

Maryland **IS NOT** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

CHILDREN AFFECTED BY OBESITY

Ages 2-4

Ages 10-17

COST OF OBESITY IN MARYLAND:

The total cost of obesity in Maryland **$30.54 BILLION**

The cost of obesity for Medicare in Maryland **$5.11 BILLION**

The cost of employment for the population with obesity is **$15.32 BILLION** more than the normal weight population.

NATIONAL COST OF OBESITY:

$1.72 TRILLION
The total cost of obesity

Healthcare costs for individuals affected by obesity is **42% HIGHER**

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$2.9 BILLION
The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

About The OAC

OAC
Obesity Action Coalition

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit **www.ObesityAction.org** to learn more about the disease of obesity, treatment options, weight bias and much more.

References:

- *Centers for Disease Control*
- *Clinical Chemistry*
- *Milken Institute*
- *Obesity Action Coalition*
- *Trust for America's Health*

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or **info@obesityaction.org**.