The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health

**NATIONAL COST OF OBESITY:**

- **$1.7 TRILLION**
  The total cost of obesity

- **$1.24 TRILLION**
  The total indirect cost of obesity

- **$480 BILLION**
  The total direct healthcare cost of obesity

- **$14 BILLION**
  The direct costs of childhood obesity

- **$34%**
  Healthcare costs for individuals affected by obesity is more than the normal weight population.

- **$28.2%**
  For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

**ADULT OBESITY FACTS:**

- Vermont is ranked 45/51 in states impacted by obesity.
- More than 27.6% of male Vermonters are affected by obesity.
- More than 25.7% of female Vermonters are affected by obesity.
- The age group most affected by obesity in Vermont is 45-64 (30.4%).

**CHILDREN AFFECTED BY OBESITY IN VERMONT:**

- Vermont is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- Children affected by obesity:
  - Ages 2-4: 12.9%
  - Ages 10-17: 15.1%

**COST OF OBESITY IN VERMONT:**

- **$4.52 BILLION**
  The cost of obesity in Vermont

- **$5.91 BILLION**
  The cost of obesity for Medicare in Vermont

- **$3.77 BILLION**
  The cost of employment for the population with obesity is more than the normal weight population.

**About The OAC:**

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If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.