The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**References:**
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

**UTAH Obesity Fact Sheet**

**ADULT OBESITY FACTS:**
- Obesity affects more than 29.2% of Utahans.
- 29.5% of male Utahans are affected by obesity.
- 28.8% of female Utahans are affected by obesity.
- Utah is ranked 38/51 in states impacted by obesity.
- The age group most affected by obesity in Utah is 45-64 (34.9%).
- More than 29.5% of male Utahans are affected by obesity.
- More than 28.8% of female Utahans are affected by obesity.

**NATIONAL COST OF OBESITY:**
- The total cost of obesity in Utah
  - The total indirect cost of obesity:
    - $1.24 TRILLION
  - The total direct healthcare cost of obesity:
    - $480 BILLION
  - The direct costs of childhood obesity:
    - $14 BILLION
  - Healthcare costs for individuals affected by obesity is 34% higher
  - For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

**CHILDREN AFFECTED BY OBESITY IN UTAH:**
- Utah IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- More than 8.5% of children ages 2-4 are affected by obesity.
- More than 8.7% of children ages 10-17 are affected by obesity.

**COST OF OBESITY IN UTAH:**
- The total cost of obesity in Utah:
  - $16.81 BILLION
- The cost of obesity for Medicare in Utah:
  - $2.88 BILLION
- The cost of employment for the population with obesity is more than the normal weight population.

**About The OAC**

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Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.