Texas ranks 13th in states impacted by obesity.

Adults with Obesity by Race & Ethnicity

- **Asian**: 13.2%
- **Black**: 40.5%
- **Hispanic**: 41%
- **White**: 31.6%

Adults with Obesity by Gender

- **Male**: 35.7%
- **Female**: 36.6%

Adults with Obesity, Overweight, & Normal Weight

- **Adults with Obesity**: 36.1%
- **Overweight**: 33.7%
- **Normal Weight**: 30.2%

Adults with Obesity by Age Group

- **Ages 18-24**: 22.1%
- **Ages 25-44**: 36.6%
- **Ages 45-64**: 44.9%
- **Ages 65+**: 30.6%

Adults with Hypertension and Diabetes

- **Hypertension**: 33.3%
- **Diabetes**: 11.6%

OAC’s Beliefs and Demands

**OAC BELIEVES THAT** obesity is a complex chronic disease, not a matter of personal choice or moral deficiency.

**OAC DEMANDS THAT** people who are affected by obesity deserve access to affordable, individualized medical coverage for science-based treatments in the same way other chronic diseases are managed, and to be treated with the dignity, respect, and equality that is offered to their peers.

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

References: Trust for America’s Health, Centers for Disease Control, Clinical Chemistry, Milken Institute, and Obesity Action Coalition.

https://bit.ly/3Ivy0DP