The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**References:**
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

### National Cost of Obesity:

- **$1.7 trillion**
  - The total cost of obesity

- **$1.24 trillion**
  - The total indirect cost of obesity

- **$480 billion**
  - The total direct healthcare cost of obesity

- **$14 billion**
  - The direct costs of childhood obesity

- **34%**
  - Healthcare costs for individuals affected by obesity is **34% higher**

- **28.2%**
  - For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

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**TENNESSEE Obesity Fact Sheet**

**ADULT OBESITY FACTS:**

- Obesity affects more than 36.5% of Tennesseans.
- More than 37.1% of male Tennesseans are affected by obesity.
- More than 36.0% of female Tennesseans are affected by obesity.
- Tennessee is ranked 5/51 in states impacted by obesity.
- Tennessee is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- The age group most affected by obesity in Tennessee is 45-64 (42.0%).
- Tennessee ranks 4th in adults with Type 2 Diabetes (13.8%).
- The total direct healthcare cost of obesity is $480 billion.

**CHILDREN AFFECTED BY OBESITY IN TENNESSEE:**

- Tennessee is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- Children affected by obesity in Tennessee:
  - Ages 2-4: 15.2%
  - Ages 10-17: 16.7%

**COST OF OBESITY IN TENNESSEE:**

- The total cost of obesity in Tennessee: $47.34 billion
- The cost of obesity for Medicare in Tennessee: $9.53 billion
- The cost of employment for the population with obesity is more than the normal weight population: $29.42 billion

**NATIONAL COST OF OBESITY:**

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