The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**ADULT OBESITY FACTS:**

South Dakota is ranked 24/51 in states impacted by obesity.

- The age group most affected by obesity in South Dakota is 45-64 (41.0%).
- More than 33.6% of male South Dakotans are affected by obesity.
- More than 32.3% of female South Dakotans are affected by obesity.

South Dakotans Affected by Obesity by Race:
- 30.2% Caucasians
- 30.8% African Americans
- 38.6% Hispanics

**NATIONAL COST OF OBESITY:**

- **$1.7 TRILLION**: The total cost of obesity.
- **$1.24 TRILLION**: The total indirect cost of obesity.
- **$480 BILLION**: The total direct healthcare cost of obesity.
- **$14 BILLION**: The direct costs of childhood obesity.

Healthcare costs for individuals affected by obesity is **34% HIGHER** of their annual healthcare costs are spent treating obesity-related conditions.

For people living with obesity, **28.2%**

**CHILDREN AFFECTED BY OBESITY IN SOUTH DAKOTA:**

South Dakota IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

- **16.0%** Ages 2-4
- **11.9%** Ages 10-17

- **$5.19 BILLION**: The total cost of obesity in South Dakota.
- **$9.76 BILLION**: The cost of obesity for Medicare in South Dakota.
- **$2.54 BILLION**: The cost of employment for the population with obesity is more than the normal weight population.

**SOUTH DAKOTA**

Obesity affects more than **33.0%** of South Dakotans.

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**Obesity Fact Sheet**

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References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.