**ADULT OBESITY FACTS:**

Obesity affects more than 36.8% of Oklahomans.

- **36.4%** of male Oklahomans are affected by obesity.
- **37.2%** of female Oklahomans are affected by obesity.

- Oklahoma is ranked 4/51 in states impacted by obesity.
- The age group most affected by obesity in Oklahoma is 45-64 (44.1%).
- Oklahoma ranks 12th in adults with Type 2 Diabetes (12.2%).

**CHILDREN AFFECTED BY OBESITY IN OKLAHOMA:**

- Oklahoma is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

  - **13.6%** of children ages 2-4 are affected by obesity.
  - **18.0%** of children ages 10-17 are affected by obesity.

**COST OF OBESITY IN OKLAHOMA:**

- The total cost of obesity in Oklahoma is **$29.19 BILLION**.
- The cost of obesity for Medicare in Oklahoma is **$5.32 BILLION**.
- The cost of employment for the population with obesity is **$20.37 BILLION** more than the normal weight population.

**NATIONAL COST OF OBESITY:**

- The total direct healthcare cost of obesity is **$480 BILLION**.
- The direct costs of childhood obesity is **$14 BILLION**.
- Healthcare costs for individuals affected by obesity is **34% HIGHER**.
- For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

**Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.**

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**References:**

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.