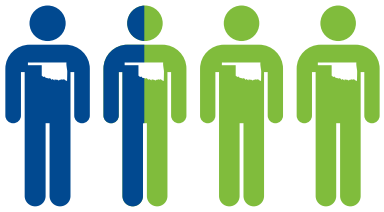
OKLAHOMA
Obesity Fact Sheet

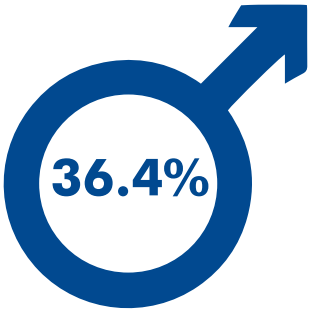
ADULT OBESITY FACTS:

Obesity affects more than 36.8% of Oklahomans.

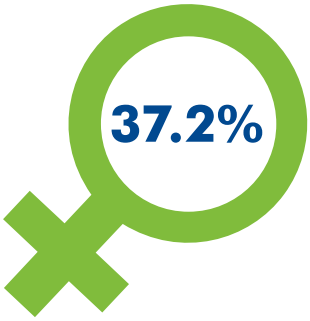


Oklahoma is ranked 4/51 in states impacted by obesity.

Oklahomans Affected by Obesity by Race
35.3% Caucasians
41.7% African Americans
36.8% Hispanics



More than 36.4% of male Oklahomans are affected by obesity.



More than 37.2% of female Oklahomans are affected by obesity.

The age group most affected by obesity in Oklahoma is 45-64 (44.1%).

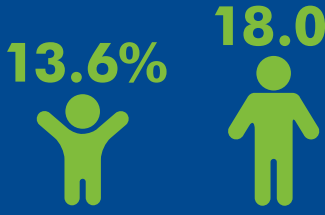
12th

Oklahoma ranks 12th in adults with Type 2 Diabetes (12.2%).

CHILDREN AFFECTED BY OBESITY IN OKLAHOMA:

Oklahoma IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

CHILDREN AFFECTED BY OBESITY



Ages 2-4 | Ages 10-17

COST OF OBESITY IN OKLAHOMA:

The total cost of obesity in Oklahoma: **$29.19 BILLION**

The cost of obesity for Medicare in Oklahoma: **$5.32 BILLION**

The cost of employment for the population with obesity is **$20.37 BILLION** more than the normal weight population.

NATIONAL COST OF OBESITY:

$1.7 TRILLION
The total cost of obesity

Healthcare costs for individuals affected by obesity is **34% HIGHER**

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$14 BILLION
The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

About The OAC

OAC
Obesity Action Coalition

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.