The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**References:**
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

**NATIONAL COST OF OBESITY:**

$1.7 TRILLION

The total cost of obesity

$1.24 TRILLION

The total indirect cost of obesity

$480 BILLION

The total direct healthcare cost of obesity

$14 BILLION

The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is 34% HIGHER

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

**Ohio is ranked 13/51 in states impacted by obesity.**

Ohio ranks 14th in adults with Type 2 Diabetes (12.0%).

Ohio is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

Ohioans Affected by Obesity by Race
- 33.6% Caucasians
- 40.1% African Americans
- 40.2% Hispanics

Ohio is ranked 13/51 in states impacted by obesity.

The age group most affected by obesity in Ohio is 45-64 (41.0%).

More than 33.9% of male Ohioans are affected by obesity.

More than 35.7% of female Ohioans are affected by obesity.

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