**NORTH DAKOTA**

**Obesity Fact Sheet**

**ADULT OBESITY FACTS:**

- Obesity affects more than 34.8% of North Dakotans.
- More than 36.3% of male North Dakotans are affected by obesity.
- More than 33.1% of female North Dakotans are affected by obesity.

North Dakota is ranked 13/51 in states impacted by obesity.

The age group most affected by obesity in North Dakota is 45-64 (39.5%).

North Dakotans Affected by Obesity by Race:
- 34.1% Caucasians
- 27.7% African Americans
- 39.5% Hispanics

**CHILDREN AFFECTED BY OBESITY IN NORTH DAKOTA:**

North Dakota IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

- Ages 2-4: 15.4%
- Ages 10-17: 13.4%

**COST OF OBESITY IN NORTH DAKOTA:**

- The total cost of obesity in North Dakota: **$5.0 BILLION**
- The cost of obesity for Medicare in North Dakota: **$4.81 BILLION**
- The cost of employment for the population with obesity is more than the normal weight population: **$3.88 BILLION**

**NATIONAL COST OF OBESITY:**

- The total cost of obesity: **$1.7 TRILLION**
- The total indirect cost of obesity: **$1.24 TRILLION**
- The total direct healthcare cost of obesity: **$480 BILLION**
- The direct costs of childhood obesity: **$14 BILLION**

Healthcare costs for individuals affected by obesity is **34% higher**.

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

**About The OAC**

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.