The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

**ADULT OBESITY FACTS:**

- Obesity affects more than 34.0% of North Carolinians.
- More than 30.6% of male North Carolinians are affected by obesity.
- More than 37.4% of female North Carolinians are affected by obesity.
- North Carolina is ranked 19/51 in states impacted by obesity.
- The age group most affected by obesity in North Carolina is 45-64 (39.9%).
- North Carolinians Affected by Obesity by Race
  - Caucasians: 29.9%
  - African Americans: 44.8%
  - Hispanics: 30.1%
- North Carolina ranks 16th in adults with Type 2 Diabetes (11.8%).

**CHILDREN AFFECTED BY OBESITY IN NORTH CAROLINA:**

- North Carolina is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- CHILDREN AFFECTED BY OBESITY
  - Ages 2-4: 15.0%
  - Ages 10-17: 13.5%

**COST OF OBESITY IN NORTH CAROLINA:**

- The total cost of obesity in North Carolina: $58.02 BILLION
- The cost of obesity for Medicare in Alabama: $9.68 BILLION
- The cost of employment for the population with obesity is more than the normal weight population: $23.54 BILLION

**NATIONAL COST OF OBESITY:**

- The total cost of obesity: $1.7 TRILLION
- The total indirect cost of obesity: $1.24 TRILLION
- The total direct healthcare cost of obesity: $480 BILLION
- The direct costs of childhood obesity: $14 BILLION

- Healthcare costs for individuals affected by obesity is 34% HIGHER.
- For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

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About The OAC

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.