NEW JERSEY
Obesity Fact Sheet

ADULT OBESITY FACTS:

New Jersey is ranked 47/51 in states impacted by obesity.

The age group most affected by obesity in New Jersey is 45-64 (28.9%).

More than 25.8% of male New Jerseyans are affected by obesity.

More than 25.5% of female New Jerseyans are affected by obesity.

CHILDREN AFFECTED BY OBESITY IN NEW JERSEY:

New Jersey is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

Children Aged 2-4:

- 15.0% affected by obesity

Children Aged 10-17:

- 15.0% affected by obesity

COST OF OBESITY IN NEW JERSEY:

- The total cost of obesity in New Jersey: $4.52 BILLION
- The cost of obesity for Medicare in New Jersey: $5.91 BILLION
- The cost of employment for the population with obesity is more than the normal weight population: $3.77 BILLION

NATIONAL COST OF OBESITY:

- The total cost of obesity: $1.7 TRILLION
- The total indirect cost of obesity: $1.24 TRILLION
- The total direct healthcare cost of obesity: $480 BILLION
- The direct costs of childhood obesity: $14 BILLION

Healthcare costs for individuals affected by obesity is 34% higher.

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

NEW JERSEY IS one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

About The OAC:

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy, and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health