The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

ADULT OBESITY FACTS:

Obesity affects more than 31.8% of New Hampshireites.

More than 32.9% of male New Hampshireites are affected by obesity.

More than 30.5% of female New Hampshireites are affected by obesity.

New Hampshire is ranked 27/51 in states impacted by obesity.

The age group most affected by obesity in New Hampshire is 25-44 (3.8%).

32.9%

30.5%

27
51

38th

New Hampshire ranks 38th in adults with Type 2 Diabetes (9.2%).

CHILDREN AFFECTED BY OBESITY IN NEW HAMPSHIRE:

New Hampshire IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

Children Affected by Obesity:

Ages 2-4

Ages 10-17

17.2%

12.3%

COST OF OBESITY IN NEW HAMPSHIRE:

The total cost of obesity in New Hampshire

$6.46 BILLION

The cost of obesity for Medicare in New Hampshire

$1.91 BILLION

The cost of employment for the population with obesity is more than the normal weight population.

$1.84 BILLION

NATIONAL COST OF OBESITY:

$1.7 TRILLION

The total cost of obesity

$1.24 TRILLION

The total indirect cost of obesity

$480 BILLION

The total direct healthcare cost of obesity

$14 BILLION

The direct costs of childhood obesity

$0

Healthcare costs for individuals affected by obesity is 34% higher

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

About The OAC:

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References:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.