Nebraska ranks 18th in states impacted by obesity.

Adults with Obesity by Race & Ethnicity
- Asian: 9.3%
- Black: 35.8%
- Hispanic: 33.9%
- White: 31.1%

Adults with Obesity by Gender
- Male: 34.7%
- Female: 33.3%

Adults with Obesity by Age Group
- Ages 18-24: 19.9%
- Ages 25-44: 33.4%
- Ages 45-64: 33.5%
- Ages 65+: 41.2%

Adults with Obesity, Overweight, & Normal Weight
- 34% Adults with Obesity
- 30.2% Normal Weight
- 35.8% Overweight

Impacts of Obesity Across the Country
- The total cost of obesity in the U.S. is $1.7 Trillion.
- Only one state makes weight-based discrimination illegal. Weight bias negatively impacts those affected financially, mentally, socially, and physically.
- Healthcare costs are 34% higher for people with obesity.
- Healthcare coverage for obesity and weight management is inadequate and insufficient, and varies significantly by each health plan.

Children 10-17 with Obesity by Race & Ethnicity
- American Indian/Alaska Native: 28.5%
- Asian: 5.9%
- Black: 22.9%
- Hispanic: 20.7%
- Native Hawaiian/Other Pacific Islander: 11.7%

OAC’s Beliefs and Demands
- OAC BELIEVES THAT obesity is a complex chronic disease, not a matter of personal choice or moral deficiency.
- OAC DEMANDS THAT people who are affected by obesity deserve access to affordable, individualized medical coverage for science-based treatments in the same way other chronic diseases are managed, and to be treated with the dignity, respect, and equality that is offered to their peers.

Take Action Today!
- OAC works to educate the public and key decision makers about weight bias, access to care, and much more!
- Visit OAC’s website today to learn more about how you can be involved!

ObesityAction.org

OAC’s Action Center provides tools that you can use to take action today!

References:
- Trust for America’s Health, Centers for Disease Control, Clinical Chemistry, Milken Institute, and Obesity Action Coalition.