

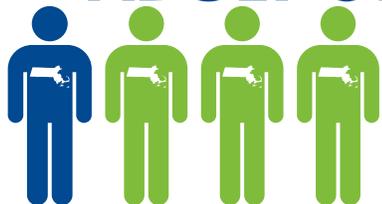
# MASSACHUSETTS

## Obesity Fact Sheet



### ADULT OBESITY FACTS:

Obesity affects more than 25.7% of Massachusians.



Massachusetts is ranked 47/51 in states impacted by obesity.

Massachusians Affected by Obesity by Race

- 25.0%** Caucasians
- 30.9%** African Americans
- 30.0%** Hispanics



More than 27.0% of male Massachusians are affected by obesity.



More than 24.3% of female Massachusians are affected by obesity.



The age group most affected by obesity in Massachusetts is 45-64 (29.5%).

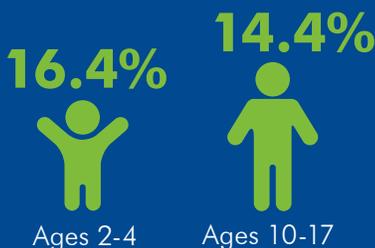


Massachusetts ranks 47<sup>th</sup> in adults with Type 2 Diabetes (8.6%).

### CHILDREN AFFECTED BY OBESITY IN MASSACHUSETTS:

Massachusetts **IS NOT** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



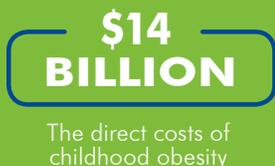
### COST OF OBESITY IN MASSACHUSETTS:

- The total cost of obesity in Massachusetts: **\$33.53 BILLION**
- The cost of obesity for Medicare in Massachusetts: **\$6.02 BILLION**
- The cost of employment for the population with obesity is **\$18.76 BILLION** more than the normal weight population.

### NATIONAL COST OF OBESITY:



Healthcare costs for individuals affected by obesity is



For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

#### About The OAC



The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit [www.ObesityAction.org](http://www.ObesityAction.org) to learn more about the disease of obesity, treatment options, weight bias and much more.

#### References:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or [info@obesityaction.org](mailto:info@obesityaction.org).