The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

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NATIONAL COST OF OBESITY:

$1.7 TRILLION
The total cost of obesity

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$14 BILLION
The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is 34% higher

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

Massachusetts is ranked 47/51 in states impacted by obesity.

Massachusetts affects more than 25.2% of Massachusians.

More than 25.0% of male Massachusians are affected by obesity.

More than 24.3% of female Massachusians are affected by obesity.

The age group most affected by obesity in Massachusetts is 45-64 (27.5%).

Massachusetts ranks 45th in adults with Type 2 Diabetes (8.4%).

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References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.