MARYLAND
Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 32.3% of Marylanders.

Maryland is ranked 25/51 in states impacted by obesity.

Marylanders Affected by Obesity by Race
28.9% Caucasians
41.0% African Americans
30.8% Hispanics

The age group most affected by obesity in Maryland is 45-64 (37.4%).

More than 30.0% of male Marylanders are affected by obesity.
More than 34.5% of female Marylanders are affected by obesity.

CHILDREN AFFECTED BY OBESITY IN MARYLAND:

Maryland IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

Children Aged 2-4
16.4%

Children Aged 10-17
14.5%

The total cost of obesity in Maryland
$30.54 BILLION

The cost of obesity for Medicare in Maryland
$5.11 BILLION

The cost of employment for the population with obesity is more than the normal weight population.

$15.32 BILLION

NATIONAL COST OF OBESITY:

$1.7 TRILLION
The total cost of obesity

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$14 BILLION
The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is 34% higher.

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health

About The OAC
The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.