The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support. Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**ADULT OBESITY FACTS:**

- Maine is ranked 28/51 in states impacted by obesity.
- The age group most affected by obesity in Maine is 45-64 (38.1%).
- More than 32.9% of male Mainers are affected by obesity.
- More than 30.5% of female Mainers are affected by obesity.
- Mainers Affected by Obesity by Race
  - 30.4% Caucasians
  - 29.0% African Americans
  - 28.6% Hispanics

**NATIONAL COST OF OBESITY:**

- Healthcare costs for individuals affected by obesity is 34% higher.
- For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

**MAINLAND COST OF OBESITY:**

- The total cost of obesity in Maine is $9.17 billion.
- The cost of obesity for Medicare in Maine is $1.25 billion.
- The cost of employment for the population with obesity is $6.93 billion more than the normal weight population.

- The total direct healthcare cost of obesity is $480 billion.
- The direct costs of childhood obesity is $14 billion.

**Children Affected by Obesity in Maine:**

- Ages 2-4: 14.6%
- Ages 10-17: 14.9%
- Maine is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

**About The OAC:**

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**References:**

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.