The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support. Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

NATIONAL COST OF OBESITY:

$1.7 TRILLION
The total cost of obesity

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$14 BILLION
The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is 34% HIGHER

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.

ADULT OBESITY FACTS:

- Obesity affects more than 35.9% of Louisianians.
- More than 33.5% of male Louisianians are affected by obesity.
- More than 38.3% of female Louisianians are affected by obesity.
- The age group most affected by obesity in Louisiana is 45-64 (42.8%).
- Louisiana is ranked 9/51 in states impacted by obesity.
- Louisiana ranks 9th in adults with Type 2 Diabetes (12.6%).
- The total direct healthcare cost of obesity is $480 billion.
- The total indirect cost of obesity is $1.24 trillion.
- The total cost of obesity is $1.7 trillion.
- 9/51 states in the U.S. have obesity rates above 30%.
- The cost of obesity for Medicare in Louisiana is $7.64 billion.
- The cost of employment for the population with obesity is $22.44 billion.
- The total cost of obesity in Louisiana is $32.65 billion.

CHILDREN AFFECTED BY OBESITY IN LOUISIANA:

- Louisiana IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.
- 13.1% of children ages 2-4 are affected by obesity.
- 20.8% of children ages 10-17 are affected by obesity.

COST OF OBESITY IN LOUISIANA:

- The total cost of obesity in Louisiana is $32.65 billion.
- The cost of obesity for Medicare in Louisiana is $7.64 billion.
- The cost of employment for the population with obesity is $22.44 billion.
- The cost of obesity for Medicaid in Louisiana is $1.7 trillion.

OBESITY AFFECTS:

- More than 35.9% of Louisianians.
- More than 33.5% of male Louisianians.
- More than 38.3% of female Louisianians.
- 9/51 states in the U.S. have obesity rates above 30%.

OBESITY RISK FACTORS:

- Age
- Gender
- Ethnicity
- Genetics
- Family History
- Mental Health
- Physical Activity
- Nutrition
- Sleep

About The OAC:

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References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.