The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**NATIONAL COST OF OBESITY:**

- **$1.7 TRILLION**
  - The total cost of obesity

- **$1.24 TRILLION**
  - The total indirect cost of obesity

- **$480 BILLION**
  - The total direct healthcare cost of obesity

- **$14 BILLION**
  - The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is **34% HIGHER**

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

**ADULT OBESITY FACTS:**

- Obesity affects more than 36.5% of Kentuckians.
- More than 35.0% of male Kentuckians are affected by obesity.
- More than 37.9% of female Kentuckians are affected by obesity.
- The age group most affected by obesity in Kentucky is 45-64 (42.4%).
- Kentucky is ranked 5/51 in states impacted by obesity.

**CHILDREN AFFECTED BY OBESITY IN KENTUCKY:**

- Kentucky is one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

<table>
<thead>
<tr>
<th>CHILDREN AFFECTED BY OBESITY</th>
<th>Ages 2-4</th>
<th>Ages 10-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>16.3%</td>
<td>20.8%</td>
<td></td>
</tr>
</tbody>
</table>

**COST OF OBESITY IN KENTUCKY:**

- **$36.31 BILLION**
  - The total cost of obesity in Kentucky

- **$4.17 BILLION**
  - The cost of obesity for Medicare in Kentucky

- **$28.69 BILLION**
  - The cost of employment for the population with obesity is more than the normal weight population.

**KENTUCKY OBSERVATION FACTS:**

- Obesity affects more than 36.5% of Kentuckians.
- More than 35.0% of male Kentuckians are affected by obesity.
- More than 37.9% of female Kentuckians are affected by obesity.
- The age group most affected by obesity in Kentucky is 45-64 (42.4%).
- Kentucky is ranked 5/51 in states impacted by obesity.

**Kentuckians Affected by Obesity by Race**

- 35.8% Caucasians
- 39.9% African Americans
- 31.6% Hispanics

**Kentucky ranks 7th in adults with Type 2 Diabetes (13.3%).**

**More than 35.0% of male Kentuckians are affected by obesity.**

**More than 37.9% of female Kentuckians are affected by obesity.**

**About The OAC**

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If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health