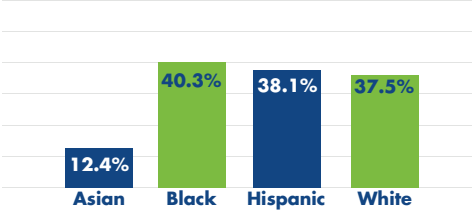
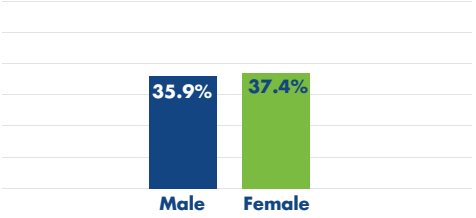
IOWA | Obesity Fact Sheet

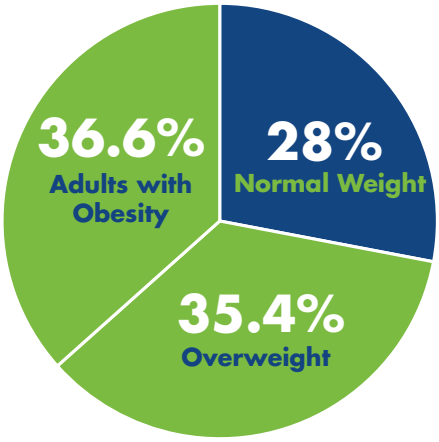
Iowa ranks 5th in states impacted by obesity.

Adults with Obesity by Race & Ethnicity



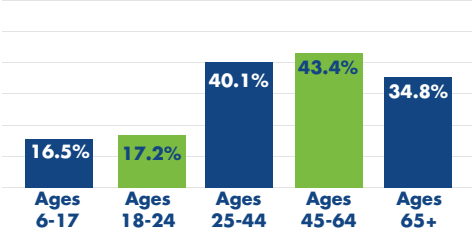
Adults with Obesity by Gender



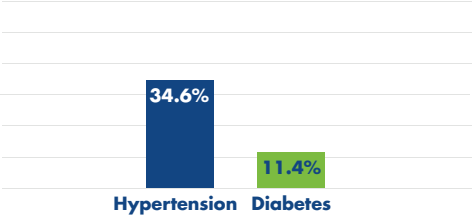


Adults with Obesity Overweight & Normal Weight

Obesity by Age Group



Adults with Hypertension and Diabetes

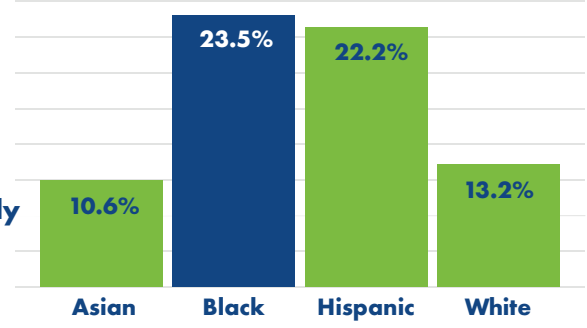


Impacts of Obesity Across the Country

The total cost of obesity in the U.S. is **$1.7 Trillion.**

Only one state makes weight-based discrimination illegal. Weight bias **negatively impacts those affected financially, mentally, socially and physically.**

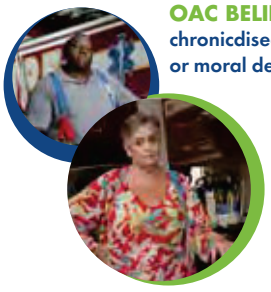
Children 2-19 with Obesity by Race & Ethnicity



Healthcare costs are **34% higher** for people with obesity.

Healthcare coverage for obesity and weight management is **inadequate and insufficient**, and varies significantly by each health plan.

OAC's Beliefs and Demands



OAC BELIEVES THAT obesity is a complex chronicdisease, not a matter of personal choice or moral deficiency.

OAC DEMANDS THAT people who are affected by obesity deserve access to affordable, individualized medical coverage for science-based treatments in the same way other chronic diseases are managed, and to be treated with the dignity, respect, and equality that is offered to their peers.

Take Action Today!

OAC works to educate the public and key decision makers about weight bias, access to care and much more! Visit OAC's website today to learn more about how you can be involved!

ObesityAction.org/action-center

OAC's Action Center provides tools that you can use to take action today!

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

References: Trust for America's Health, Centers for Disease Control, Clinical Chemistry, Milken Institute, and Obesity Action Coalition. https://bit.ly/3Nw1T96

OAC Obesity Action Coalition