Hawaii ranks 49th in states impacted by obesity.

Adults with Obesity, Overweight, & Normal Weight

- **25.9%** Adults with Obesity
- **40.3%** Normal Weight
- **33.8%** Overweight

Adults with Obesity by Race & Ethnicity

- Asian: 17.3%
- Black: 31.2%
- Hispanic: 31.4%
- White: 19.7%

Adults with Obesity by Gender

- Male: 27.1%
- Female: 24.8%

Adults with Obesity by Age Group

- Ages 18-24: 21.8%
- Ages 25-44: 29.7%
- Ages 45-64: 30.1%
- Ages 65+: 18%

Adults with Hypertension and Diabetes

- Hypertension: 29.9%
- Diabetes: 11.7%

**Impacts of Obesity Across the Country**

- The total cost of obesity in the U.S. is **$1.7 Trillion**.
- Healthcare costs are 34% higher for people with obesity.
- Only one state makes weight-based discrimination illegal. Weight bias negatively impacts those affected financially, mentally, socially and physically.
- Healthcare coverage for obesity and weight management is inadequate and insufficient, and varies significantly by each health plan.

**OAC’s Beliefs and Demands**

- **OAC BELIEVES THAT** obesity is a complex chronic disease, not a matter of personal choice or moral deficiency.
- **OAC DEMANDS THAT** people who are affected by obesity deserve access to affordable, individualized medical coverage for science-based treatments in the same way other chronic diseases are managed, and to be treated with the dignity, respect, and equality that is offered to their peers.

**Take Action Today!**

- OAC works to educate the public and key decision makers about weight bias, access to care, and much more!
- Visit OAC’s website today to learn more about how you can be involved! [ObesityAction.org](https://bit.ly/3wdgOw7)

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

References: Trust for America’s Health, Centers for Disease Control, Clinical Chemistry, Milken Institute, and Obesity Action Coalition.