



How Can You Get Involved?

Learn how you can get involved, drive change and make a difference! Here are six easy ways you can stay connected and deepen your engagement with the OAC.



Get Connected

To get involved, first get connected! When you sign-up to be part of the OAC Community, we will give you all you need to help you get started and find what sparks your interest.

obesityaction.org/get-connected



Explore OAC's Action Center

Learn about key issues in obesity that need your attention and support. From writing your policymakers to signing petitions and sharing resources, there is something for everyone!

obesityaction.org/action-center



Share Your Experiences

How has obesity impacted you or shaped your life? Sharing your experiences can offer support, raise awareness, and help someone else feel like they are not alone.

- **Action Center Reporting Tools:**
obesityaction.org/action-center/report
- **Email your story to:**
membership@obesityaction.org



Get Social

The OAC reaches more people on social media when you engage with our content. Follow us, like/share our posts, and say something in the comments!

- Facebook, YouTube & LinkedIn:
@ObesityActionCoalition
- Twitter and Instagram: **@ObesityAction**



Share Our Resources

Our diverse collection of educational resources offers quality, science-based information about obesity, weight and health. They were created to inform, equip and empower. Share them online and in your local communities!

obesityaction.org/library



Give With Our Donor Program

Our Donor Program inspires fun, easy ways to give back to our cause. From celebrating a milestone or hosting a Facebook birthday fundraiser to honoring a loved one with a tribute gift, give back in ways that matter to you.

obesityaction.org/donate/ways-to-give

Get Connected to the OAC!

The best way to stay informed about current involvement opportunities is to sign-up to get connected with us: **obesityaction.org/get-connected**

For additional questions, email **membership@obesityaction.org**. We will help you find opportunities that fit your interests and passions.