The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

**References:**
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

**NATIONAL COST OF OBESITY:**

- **$1.7 TRILLION**
  - The total cost of obesity

- **$1.24 TRILLION**
  - The total indirect cost of obesity

- **$480 BILLION**
  - The total direct healthcare cost of obesity

- **$14 BILLION**
  - The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is **34% HIGHER** of their annual healthcare costs are spent treating obesity-related conditions.

For people living with obesity, **28.2%**

**ADULT OBESITY FACTS:**

Delaware is ranked 16/51 in states impacted by obesity.

Delaware is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

Delaware is ranked 41st in adults with Type 2 Diabetes (8.7%).

**CHILDREN AFFECTED BY OBESITY IN DELAWARE:**

- **Ages 2-4**
  - 16.3%

- **Ages 10-17**
  - 15.1%

**Delawarians Affected by Obesity by Race**

- 32.3% Caucasians
- 39.8% African Americans
- 33.6% Hispanics

**COST OF OBESITY IN DELAWARE:**

- The total cost of obesity in Delaware **$6.26 BILLION**
- The cost of obesity for Medicare in Delaware **$1.58 BILLION**
- The cost of employment for the population with obesity is **$2.25 BILLION** more than the normal weight population.

**CHILDREN AFFECTED BY OBESITY IN DELAWARE:**

- Ages 2-4: 16.3%
- Ages 10-17: 15.1%

**Delaware is NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.**

**DELAWARE**

- Obesity affects more than 34.4% of Delawarians.

- More than 33.7% of male Delawarians are affected by obesity.

- More than 35.0% of female Delawarians are affected by obesity.

- The age group most affected by obesity in Delaware is 45-64 (40.3%).

- The total direct healthcare cost of obesity is **$480 BILLION**

- The total indirect cost of obesity is **$1.24 TRILLION**

- The direct costs of childhood obesity is **$14 BILLION**

- The total cost of obesity is **$6.26 BILLION**

- The total cost of childhood obesity is **$14 BILLION**

- The total cost of obesity in Delaware is **$6.26 BILLION**

- The cost of obesity for Medicare in Delaware is **$1.58 BILLION**

- The cost of employment for the population with obesity is **$2.25 BILLION** more than the normal weight population.

**DELAWARE IS NOT one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.**

**About The OAC**

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If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.