The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.

Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

### References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

### NATIONAL COST OF OBESITY:

- **$1.7 TRILLION**: The total cost of obesity
- **$1.24 TRILLION**: The total indirect cost of obesity
- **$480 BILLION**: The total direct healthcare cost of obesity
- **$14 BILLION**: The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is **34% HIGHER**.

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

Obesity affects more than **26.2%** of Californians.

More than **24.3%** of male Californians are affected by obesity.

More than **28.0%** of female Californians are affected by obesity.

California is ranked **46/51** in states impacted by obesity.

The age group most affected by obesity in California is **45-64 (31.8%)**.

California ranks **35th** in adults with Type 2 Diabetes (10.1%).

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