

Medicare GLP-1 Bridge: How to Talk to Your Doctor

The Bridge program may help eligible Medicare patients access certain GLP-1 medications for obesity care.

A little preparation can help you have a productive conversation and get the answers you need.



The Medicare GLP-1 Bridge program opens July 1, 2026.

Schedule your appointment now and ask your healthcare provider if you may qualify.



Start the Conversation

Try saying:

"I heard there's a new Medicare program called Bridge that may help people get GLP-1 medications for obesity care. Can we talk about whether I might qualify?"

"I'd like to understand my BMI and my health conditions to see if I may be eligible."



What Your Doctor Will Review

Your healthcare provider can review information such as:

- Your BMI
- Related health conditions
- Health history
- Medicare drug coverage
- Medical records

These factors can help determine whether GLP-1 treatment through Bridge may be appropriate for you.



Questions to Ask

- Based on my BMI and health history, do I qualify for the Medicare Bridge Program?
- Do I have the kind of Medicare drug coverage needed for Bridge?
- What records do we need to have ready?



What to Bring

- Medicare card
- Part D or Medicare Advantage plan information
- Current medication list
- Recent medical records
- Records related to your BMI or related health conditions
- Written list of questions



Prescription Reminder

If your healthcare provider determines you are eligible, ask them to make sure the prescription is sent the right way for Bridge.

The prescription should include the note:
SEND TO BRIDGE FOR WEIGHT MANAGEMENT



Bridge to Better Health

You don't have to navigate this alone. Talking with your doctor is the first step toward access and support.

The sooner you prepare, the sooner you can find out if Bridge is right for you.



If your provider is not open to discussing GLP-1 treatment or explaining your options, OAC's Provider Locator can help you find a healthcare provider who understands obesity care.