Alabama ranks 3rd in states impacted by obesity.  

Adults with Obesity by Race & Ethnicity  
- Asian: 9%  
- Black: 24.8%  
- Hispanic: 16.6%  
- White: 26.3%  

Adults with Obesity by Gender  
- Male: 38%  
- Female: 41.6%  

Adults with Obesity by Age Group  
- Ages 18-24: 25.4%  
- Ages 25-44: 45.3%  
- Ages 45-64: 46.2%  
- Ages 65+: 15.1%  

Children 2-19 with Obesity by Race & Ethnicity  
- Asian: 9%  
- Black: 24.8%  
- Hispanic: 16.6%  
- White: 26.3%  

Impacts of Obesity Across the Country  
- Healthcare costs are 34% higher for people with obesity.  
- Only one state makes weight-based discrimination illegal. Weight bias negatively impacts those affected financially, mentally, socially and physically.  
- Healthcare coverage for obesity and weight management is inadequate and insufficient, and varies significantly by each health plan.  

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support.  

References: Trust for America’s Health, Centers for Disease Control, Clinical Chemistry, Milken Institute, and Obesity Action Coalition.  