

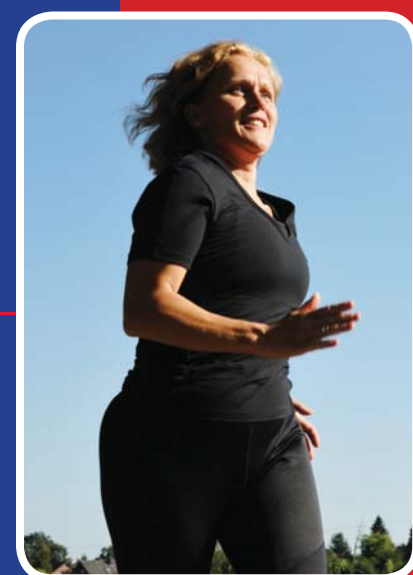
Dear Americans -

Obesity is a serious medical condition and your weight matters. Numerous other conditions, both physical and psychosocial, are being linked to excess weight on a daily basis. Simply put, weight and health go hand-in-hand. Therefore, **let's treat obesity with the respect, urgency and action it deserves!**

Obesity Action Coalition &

Academy of Nutrition and Dietetics
American Academy of Nurse Practitioners
American Academy of Pediatrics
American Association of Diabetes Educators
American Association of Heart Failure Nurses
American Association of Orthopaedic Surgeons
American Cancer Society Cancer Action Network
American College of Cardiology
American College of Osteopathic Surgeons
American College of Preventive Medicine
American College of Sports Medicine
American College of Surgeons
American Osteopathic Academy of Orthopedics
American Sleep Apnea Association
American Society of Bariatric Physicians
American Society for Metabolic and Bariatric Surgery
American Society of Echocardiography
American Society of Nuclear Cardiology
Arthritis Foundation
Asian & Pacific Islander American Health Forum
Asian and Pacific Islander Obesity Prevention Alliance
Asian Pacific Partners for Empowerment, Advocacy and Leadership
Billings Clinic
Black Women's Health Imperative
Care Continuum Alliance

ConscienHealth
Mental Health America
National Alliance on Mental Illness
National Asian American Pacific Islander Mental Health Association
National Asian Pacific American Families Against Substance Abuse
National Association of State Mental Health Program Directors
National Black Nurses Association
National Center for Weight and Wellness
National Council for Community Behavioral Healthcare
National Council of Asian Pacific Islander Physicians
National Indian Health Board
National Tongan-American Society
National Women's Health Resource Center
OWL - The Voice of Midlife and Older Women
Rudd Center for Food Policy & Obesity
Society for Cardiovascular Angiography and Interventions
Society for Vascular Surgery
Southeast Asian Community Center
The COSHAR Foundation
The Downey Obesity Report
The Obesity Society
The Society of Thoracic Surgeons
Trust for America's Health



Take Action Now!

Go to the OAC Legislative Action Center at www.obesityaction.org/takeaction and tell Congress to “address weight as a matter of HEALTH!”

The Facts about Obesity: Obesity is a multi-factorial chronic medical condition requiring a comprehensive approach to both prevent and treat. Obesity is associated with a large number of related conditions such as type 2 diabetes, vascular disease, hypertension, heart disease, certain cancers, sleep apnea, arthritis and mental illness. Therefore, care should not be seen as simply having the goal of reducing body weight, but should additionally be focused on improving overall health and quality of life.