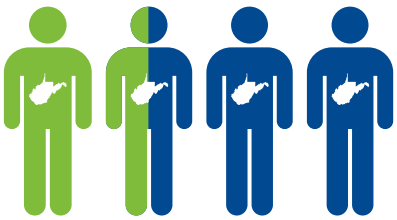
WEST VIRGINIA

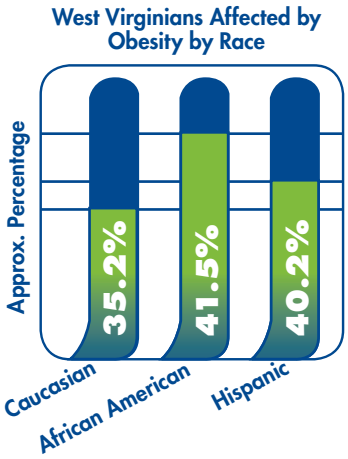
Obesity Fact Sheet

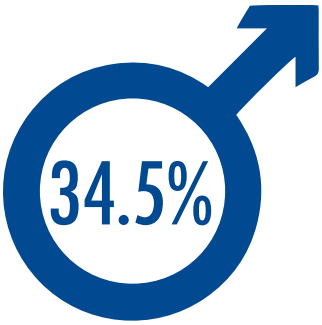
ADULT OBESITY FACTS:

Obesity affects more than **35.6%** of West Virginians.

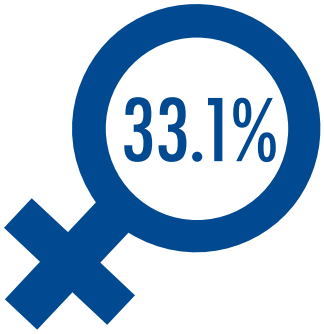


West Virginia is ranked **2/51** in states impacted by obesity.

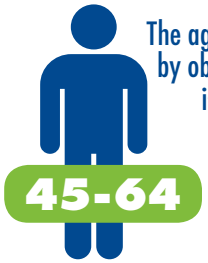




More than **34.5%** of male West Virginians are affected by obesity.



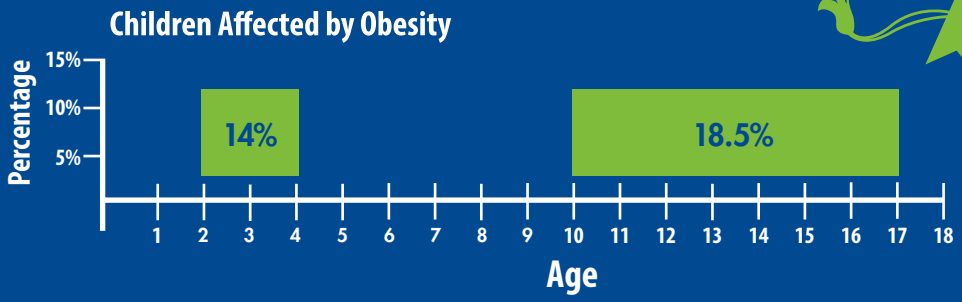
More than **33.1%** of female West Virginians are affected by obesity.



The age group most affected by obesity in West Virginia is 45-64 (43.2%).

2nd West Virginia ranks 2nd in adults with Type 2 Diabetes (35.6%).

CHILDHOOD OBESITY FACTS:



17.9% of high school students are affected by obesity.

West Virginia **IS** one of the 19 states that have BMI screening requirements

NATIONAL COST OF OBESITY

$315.8 BILLION
Estimated cost of annual obesity-related healthcare

42%
How much more healthcare costs for individuals affected by obesity

$14.1 BILLION
The direct costs caused by childhood obesity

$4.3 BILLION
Nationwide annual costs due to obesity-related absenteeism

Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at **www.ObesityAction.org**.

References:

- *Centers for Disease Control*
- *Trust for America's Health*
- *Obesity Action Coalition*

Questions?

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or **info@obesityaction.org**.

OAC
Obesity Action Coalition
www.ObesityAction.org