Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

North Carolina is ranked 22/51 in states impacted by obesity. North Carolinians are affected by obesity by race:
- Caucasian: 27.2%
- African American: 39.9%
- Hispanic: 28.1%

The age group most affected by obesity in North Carolina is 45-64 (35.7%).

North Carolina ranks 18th in adults with Type 2 Diabetes (10.7%).

North Carolina is one of the 19 states that have BMI screening requirements.

CHILDHOOD OBESITY FACTS:

16.4% of high school students are affected by obesity.

CHILDREN AFFECTED BY OBESITY

Age

15%
10%
5%

18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Percentage

15.4% 16.1%

NATIONAL COST OF OBESITY

$315.8 BILLION
Estimated cost of annual obesity-related healthcare

42%
How much more healthcare costs for individuals affected by obesity

$14.1 BILLION
The direct costs caused by childhood obesity

$4.3 BILLION
Nationwide annual costs due to obesity-related absenteeism

Obesity Action Coalition
www.ObesityAction.org