The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support. Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

Maine is ranked 33/51 in states impacted by obesity. More than 31.4% of male Mainers are affected by obesity. More than 29.6% of female Mainers are affected by obesity. The age group most affected by obesity in Maine is 45-64 (34.3%).

Mainers Affected by Obesity by Race:
- 29.8% Caucasians
- 24.8% African Americans
- 32.2% Hispanics

Maine ranks 21st in adults with Type 2 Diabetes (10.7%).

The total direct healthcare cost of obesity is $480 billion.

The total indirect cost of obesity is $1.24 trillion.

The direct costs of childhood obesity is $2.9 billion.

The total cost of obesity in Maine is $9.17 billion.

The cost of obesity for Medicare in Maine is $1.25 billion.

The cost of employment for the population with obesity is $6.93 billion more than the normal weight population.

The Obesity Action Coalition (OAC) exists to serve the needs of and give a voice to the individuals affected by the disease of obesity while helping them along their journey toward better health through education, advocacy and support. Please visit www.ObesityAction.org to learn more about the disease of obesity, treatment options, weight bias and much more.

References:
- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America’s Health

About The OAC

OAC
Obesity Action Coalition

NATIONAL COST OF OBESITY:

$1.72 TRILLION
The total cost of obesity

$1.24 TRILLION
The total indirect cost of obesity

$480 BILLION
The total direct healthcare cost of obesity

$2.9 BILLION
The direct costs of childhood obesity

Healthcare costs for individuals affected by obesity is 42% higher.

For people living with obesity, 28.2% of their annual healthcare costs are spent treating obesity-related conditions.