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October 6, 2005

Governor M. Jodi Rell  
Office of the Governor  
210 Capitol Avenue  
Hartford, CT 06106

Dear Governor Rell:

I am writing to request your assistance in improving access to obesity management services, including bariatric surgery (weight-loss surgery), currently denied to many citizens of Connecticut.

The OAC is a non-profit patient organization dedicated to educating and advocating for those affected by obesity. It is our mission to elevate and empower those affected by obesity through education, advocacy and support. By strictly representing the interests and concerns of obese patients, the OAC is a unique organization.

Obesity is a serious health epidemic that targets one in four Americans. Those affected by obesity often experience or are at a much higher risk for a variety of obesity related illnesses including high blood pressure, high cholesterol, diabetes, heart disease, stroke, gallbladder disease, osteoarthritis, sleep apnea, respiratory problems and some cancers (endometrial, breast and colon). In Connecticut, more than 680,000 are considered obese (30 pounds or more overweight) and more than 170,000 are considered morbidly obese (100 pounds or more over ideal body weight). It is estimated that Connecticut's obese population accounted for more than \$856 million in medical costs related to their obesity.

As you may be aware, most Connecticut-based insurers and employers have eliminated insurance coverage for obesity management services, including bariatric surgery. The OAC believes that this decision negatively impacts the quality of health and life of the citizens of Connecticut by denying them access to needed medical care. Obesity is a complex disease requiring treatment. The medical treatment of obesity decreases mortality, improves or resolves obesity related illnesses and improves quality of life. Denying patients and their physicians proven options for treatment (medical weight management and weight-loss surgery) is an ill-advised, short-term economic decision by Connecticut-based insurers and employers that endangers the long-term health of many citizens of Connecticut.

The OAC respectfully requests your assistance and advice in convincing the Connecticut-based insurers to reinstate access to obesity management services and bariatric surgery. Your support in this matter would be greatly appreciated. Please do not hesitate to contact me if I can provide any additional information or be of assistance on any other obesity-related issues. I can be reached via phone at (800) 717-3117 or e-mail at [jnadglowski@obesityaction.org](mailto:jnadglowski@obesityaction.org). Thank you.

Sincerely,

A handwritten signature in black ink, appearing to read "Joe Nadglowski".

Joseph Nadglowski Jr.  
President & CEO